

International Yoga Day Celebration – 21st June 2025

Organized by: ISSE Baramati Region Center

Venue: Krida Sankul, Baramati

On the occasion of the **11th International Yoga Day**, the **Indian Society of Structural Engineers (ISSE) – Baramati Region Center**, in association with **Ultratech Ltd.**, organized a vibrant and energizing Yoga Day celebration on **21st June 2025** at **Krida Sankul, Baramati**.

The event was graced by the esteemed presence of **Dr. Mahajan Madam**, a renowned wellness expert, who guided the participants through various yogasanas, breathing techniques, and mindfulness practices. Also present were the dignitaries and members of ISSE Baramati Region Center, who participated enthusiastically, emphasizing the importance of health and holistic well-being in professional life.

The session commenced early in the morning with an opening address highlighting the global significance of International Yoga Day and its relevance to mental and physical fitness in today's fast-paced world. Dr. Mahajan madam's inspiring guidance throughout the session created an aura of discipline, peace, and positivity.

The program was a resounding success, with a large number of ISSE members, engineers, students, and well-wishers actively participating. The presence of **Mr. Ranavare Sir**, key members of the executive committee, and ISSE office-bearers added to the event's prominence.

The ISSE Baramati Region Center expresses heartfelt gratitude to all participants, volunteers, and sponsors, especially **Ultratech Ltd.**, for their support. Special thanks were extended to the organizing team for their dedication and effort in making this event memorable.

This celebration not only reinforced the role of yoga in enhancing personal and professional balance but also served as a perfect example of ISSE's commitment to the overall development of its members.



